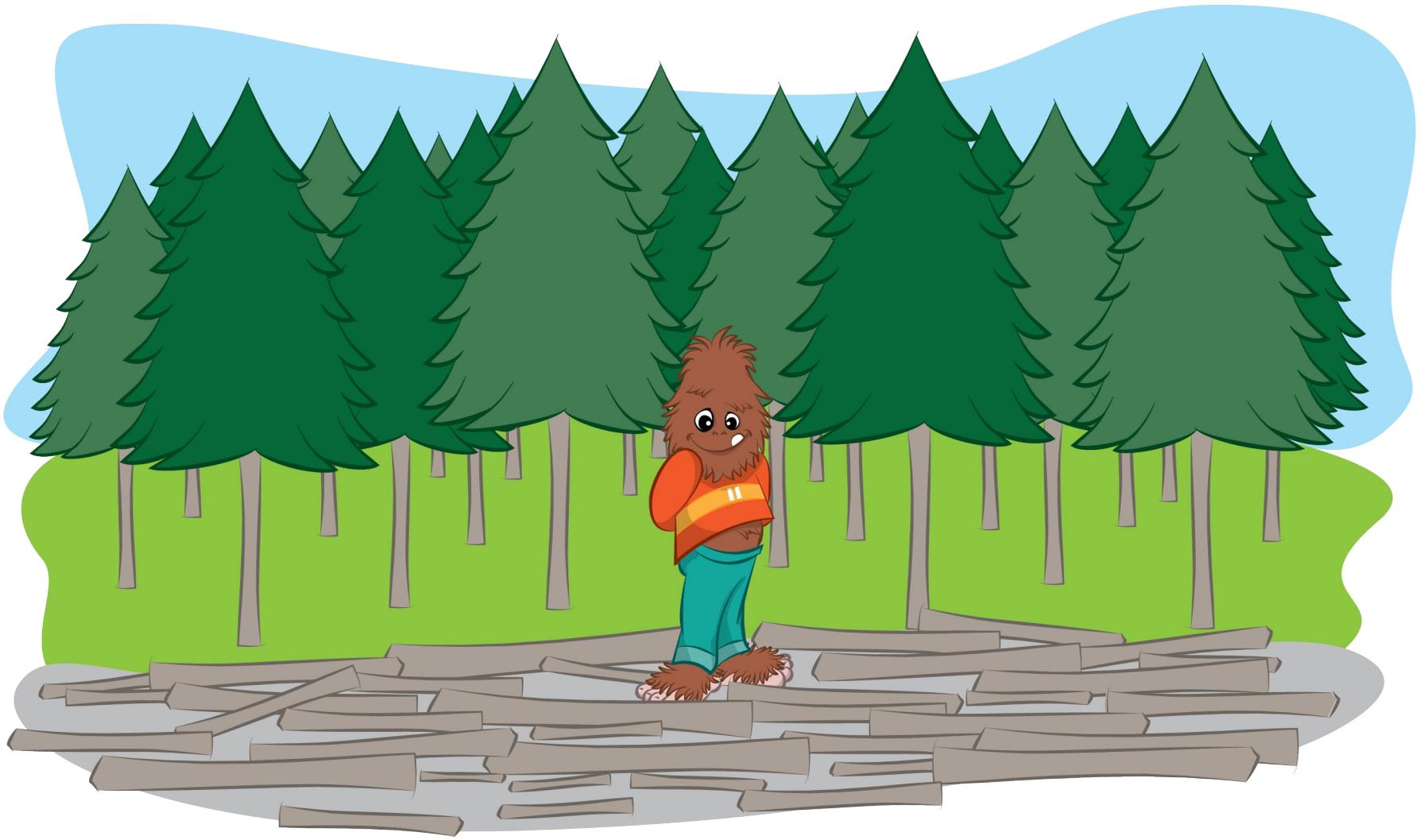




Sal the Sasquatch

**CONQUERS
BEDWETTING**

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Deep within the forest lives a little Sasquatch named Sal.

Sal is a lot like all the other Sasquatch kids.



He loves to explore the woods,



climb trees,



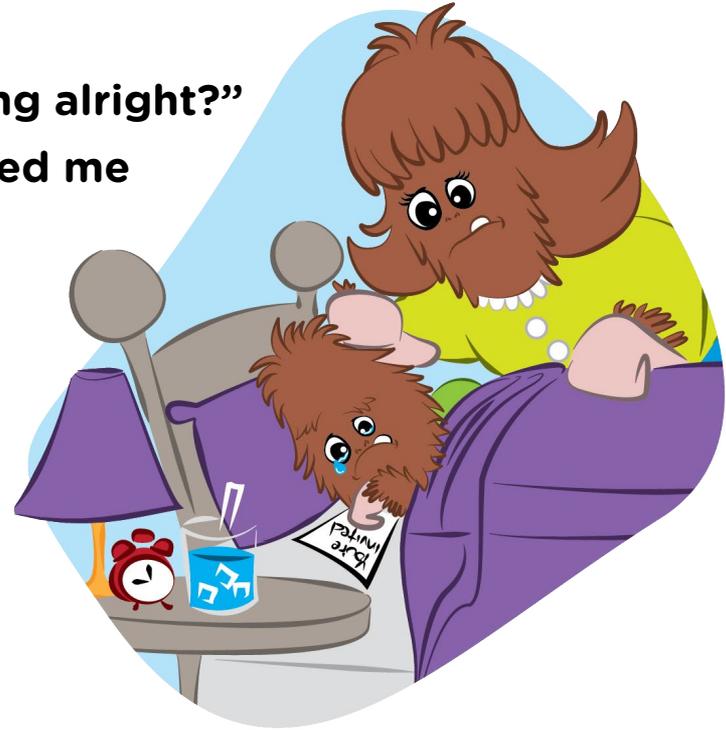
splash in the river,



**and most importantly, he likes hiding in plain sight from humans.
Sasquatches are very good at hiding.**

Sal may be really good at hiding, but even he can't hide things from his mom!

**Sal's mom asked him, "Sal, is everything alright?"
"Kinda." said Sal, "Today Tucker invited me
to a sleepover at his house."**



**"That sounds like a lot of fun!" said his mom.
"Why aren't you excited to go?"
"Because I'm afraid to," said Sal.**

**His mom asked, “Why are you afraid?
You know you can tell me anything, Sal, and it will be our secret.”
“Well, what if I wet the bed?” answered Sal.
“I don’t want my friends to tease me.”**

**His mom hugged him and said,
“Let’s try some things
to help you conquer bedwetting
before the sleepover!”**





The next night, when it was time for Sal to get ready for bed, his mom said, “OK, Sal. Let’s not have anything to drink tonight before bed and see if that helps you stay dry.”

When Sal woke up, his sheets were wet. Sal said sadly, “Mom, I had an accident again last night.” But Mom wasn’t upset. “Don’t worry, Sal. We’ll try again!” she told him.





The next night, when it was time for Sal to get ready for bed, his mom said, “Remember, Sal. Let’s not drink anything before bed. And here — try these nighttime pants! They should help keep your bed dry.”

**“These are practically like real underwear!”
said Sal.**



The next morning, Sal called to his mom.



“Look, Mom! My bed is dry, even though I still had an accident! These pants work!”

“That’s great, Sal!” she cheered. “You’re getting close to conquering bedwetting!”



Sal suddenly remembered something.

“You know, Mom, last night I dreamed that I did a cannonball into the river, and then when I woke up, I’d had an accident. What do you think that means?” he asked.

Mom had an idea. “That may have been your body’s way of telling you that it was time to go to the bathroom! See, your body gives you signals to let you know when you have to go, and you have to learn those signs. Next time, try waking yourself up when you have a dream like that.”



**That night, Sal once again didn't drink anything before bed,
and he put his nighttime pants on.**

**In the middle of the night, he dreamed about
swimming again, but this time
he remembered what his mom had said.**



He rushed to the bathroom!

When Sal woke up the next morning, he couldn't wait to tell his mom that he'd made it to the bathroom before he had an accident.



“Mom! Mom! I did what you said! When I dreamed about swimming, I went and used the bathroom, and this morning I didn't have an accident!” he said excitedly.



**“Yay, Sal!” she said happily.
“So does that mean you’re ready
to go to Tucker’s sleepover?”**

**“Oh, yeah! I’m not afraid to go
because I have my nighttime pants!”
he replied.**



The next day, Sal came home from the sleepover.



**“Sal! How was your sleepover?”
asked his mom.**

**Sal replied, “It was so fun! We played
games, ate s’mores, and told stories —
and I didn’t have to worry about what
would happen if I had an accident!”**

Mom hugged Sal.

“You’ve conquered bedwetting, Sal!”



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WETTING!**

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